

**Kettlewell House**  
**Menu for Week Commencing Monday 26<sup>th</sup> March 2018**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Drink	Tea, Coffee or Juice						
	<ul style="list-style-type: none"> <li>• Cereals</li> <li>• Toast</li> <li>• Tea/Coffee</li> </ul>	<ul style="list-style-type: none"> <li>• Cereals</li> <li>• Toast</li> <li>• Tea/Coffee</li> </ul>	<ul style="list-style-type: none"> <li>• Cereals</li> <li>• Toast</li> <li>• Tea/Coffee</li> </ul>	<ul style="list-style-type: none"> <li>• Cereals</li> <li>• Toast</li> <li>• Tea/Coffee</li> </ul>	<ul style="list-style-type: none"> <li>• Cereals</li> <li>• Toast</li> <li>• Tea/Coffee</li> </ul>	<ul style="list-style-type: none"> <li>• Cereals</li> <li>• Toast</li> <li>• Tea/Coffee</li> </ul>	<ul style="list-style-type: none"> <li>• Cereals</li> <li>• Toast</li> <li>• Tea/Coffee</li> </ul>
Mid-morning	Tea, Coffee, Water or Squash with Biscuits						
Lunch	Soup	Soup	Soup	Soup	Soup	Soup	Soup
	1. Ham, Egg & Chips 2. Tuna Salad	1. Beef Stew & Dumplings 2. Pizza	1. Roast Chicken & Stuffing	1. Cottage Pie 2. Lamb Grills	1. Battered Fish 2. Poached Fish in Parsley Sauce	1. Chicken Fricassee & Rice 2. Omelette	1. Roast Beef & Yorkshire Pudding
	1. Rice Pudding & Jam 2. Yoghurts	1. Ice-Cream & Fruits Forest 2. Fresh Fruit	1. Peaches & Cream 2. Ice-Cream	1. Apricot Crumble & Cream 2. Fresh Fruit Salad	1. Mandarin Cheese Cake 2. Yoghurts	1. Syrup Sponge & Custard 2. Ice-Cream	1. Trifle 2. Fresh Fruit
Vegetables	• Seasonal Vegetables	• Seasonal Vegetables	• Seasonal Vegetables	• Seasonal Vegetables	• Seasonal Vegetables	• Seasonal Vegetables	• Seasonal Vegetables
Mid-Afternoon Tea	Tea, Coffee, Water or Squash, Fruit and Chocolate Biscuit Selection						
Evening Meal	<ul style="list-style-type: none"> <li>• Soup</li> <li>• Sandwiches</li> <li>• Fish Cakes &amp; Spaghetti</li> <li>• Tea Cakes</li> </ul>	<ul style="list-style-type: none"> <li>• Soup</li> <li>• Sandwiches</li> <li>• Pasties &amp; Beans</li> <li>• Lemon Cake</li> </ul>	<ul style="list-style-type: none"> <li>• Soup</li> <li>• Sandwiches</li> <li>• French Toast</li> <li>• Fruit Cake</li> </ul>	<ul style="list-style-type: none"> <li>• Soup</li> <li>• Sandwiches</li> <li>• Chicken Burgers &amp; Beans</li> <li>• Cherry Cake</li> </ul>	<ul style="list-style-type: none"> <li>• Soup</li> <li>• Sandwiches</li> <li>• Egg Salad</li> <li>• Chocolate Cake</li> </ul>	<ul style="list-style-type: none"> <li>• Soup</li> <li>• Sandwiches</li> <li>• Cheese on Toast</li> <li>• Fairy Cakes</li> </ul>	<ul style="list-style-type: none"> <li>• Soup</li> <li>• Sandwiches</li> <li>• Coconut Cake</li> </ul>
Late Evening	Milky drink Biscuits						

- Cooked breakfast on request
- Water and fruit squash available throughout the day in the resident's lounges
- Water jugs available in residents' rooms during the night.
- Hot drinks & biscuits offered if residents wake during night.

*Some of our dishes may contain allergens. Please ask our Chef for further information.*